



Wamumbi Orphan Care Foundation

## WAMUMBI ORPHAN CARE FOUNDATION NEWSLETTER

1<sup>st</sup> January 2015

ISSUE 2

**Welcome** to our second annual newsletter! Wamumbi Orphan Care Foundation works in partnership with Wamumbi Orphan Care, a registered community based organisation in Kenya.

Thanks to all of your support, we were able to provide grants to our partner organisation, Wamumbi Orphan Care, so they could carry out both essential and exciting activities for the benefit of 56 orphaned children in 2014. It was a busy year for us with lots of challenges to overcome and many success stories to share with you.

Continue reading to find out more about how we're supporting the children to overcome their difficult circumstances to become fully participating members of their communities...



**Wamumbi Orphan Care teenagers with facilitators and Martha during a music workshop held for them in August 2014.**

## LIBRARY BOOKS

In October-November 2014, cakes were baked and jewellery was made and sold in North Wales to raise the amount needed to buy more secondary school text books for the Wamumbi Orphan Care (WOC) office/library in Kangema. We now have multiple copies of text books across all subject areas for Forms 1-4.



Cakes being sold in North Wales to raise funds for text books.



Two WOC teenagers putting new text books on the shelves.

## INCREASING HOUSEHOLD NUTRITION AND DIVERSIFYING SOURCES OF INCOME

The WOC project management committee was very busy in April/May 2014 making seedbeds and ensuring that all of the households in our group had established their kitchen gardens for the year. We administered our annual food security survey in September to assess any changes over the years since starting the kitchen gardening and chicken projects in 2012.



Our project management committee and Martha establishing a seedbed for supplying seedlings to kitchen gardens. April 2014.

## EDUCATION AND PRACTICAL TRAININGS

We supported 15 of our teenagers with secondary school fees and managed to raise enough funds for another of our teenage girls to do a practical training course in tailoring. This will lead to them all having more career opportunities in the future and we are already seeing those we've helped with training in the past get jobs and move on from Wamumbi Orphan Care because they are able to support themselves. Funds were raised informally with help from family and friends but also by selling jewellery made by our group both in Kenya and the UK. We held a workshop on beadwork in February 2014 with a local lady from Kangema who was willing to provide the training for free as long as we provided materials. Martha went on to get trained in this and has since been teaching designs during sessions with the teenagers in the WOC office.

***We ensured 15 teenage boys and girls from WOC were able to continue secondary education and one girl to start a tailoring apprenticeship which will lead to employment afterwards.***



Jewellery making workshop held with all our children and their guardians. The pieces made were sold to raise funds for school fees.

### CREATIVE GROUP COUNSELLING WORKSHOPS

Due to the success of the previous year's theatre therapy workshop, we invited Leonidah and her team back to Kangema in August 2014 to work with our teenage girls to help guide them as they transition into womanhood. They also ran a two day session with our guardians to encourage sharing of problems and working out ways forward together. These workshops were followed by a two day music workshop facilitated by two musicians (Masese and Ken) trained in traditional instruments and a youth counsellor (David) who filmed the event and edited the footage to make it available on YouTube [here](#).



Some of our girls during the residential theatre therapy workshop. Grandmaster Masese teaching the obokano during the music workshop.

*We provided 20 teenage girls from WOC with counselling through the medium of an eight day residential theatre therapy course. 32 guardians attended a two day sharing workshop. 40 teenage boys and girls attended a two day music workshop.*

*There has been great progress this year and we are looking forward to continuing our efforts in 2015 with your help!  
Like us on [Facebook](#) to receive regular updates on our work.*

### WAMUMBI ORPHAN CARE FOUNDATION TRUSTEES:

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